THE WESTERN Journal of Medicine

VOLUME 135 • NUMBER 6 DECEMBER

TABLE OF CONTENTS

SYMPOSIUM ON GERIATRIC MEDICINE

Special Symposium Editor
JOHN C. BECK, MD

433 Introduction JOHN C. BECK, MD

Dr. Beck is Professor of Medicine and Director of the Multicampus Division of Geriatric Medicine, Department of Medicine, UCLA School of Medicine, Los Angeles.

434 Age-Related Physiological Changes and Their Clinical Significance

GERRY R. BOSS, MD, and J. EDWIN SEEGMILLER, MD

Dr. Boss is Assistant Professor of Medicine, Division of General Internal Medicine, Department of Medicine, and Dr. Seegmiller is Professor of Medicine and Chief, Arthritis Division, Department of Medicine, University of California, San Diego, School of Medicine.

441 Important Infections in Elderly Persons THOMAS T. YOSHIKAWA, MD

Dr. Yoshikawa is Chief, Division of Geriatric Medicine, Medical Service, and Chief, Clinical and Education Sections, Geriatric Research, Education, and Clinical Center, Veterans Administration Wadsworth Medical Center, Los Angeles; and Associate Professor of Medicine, Multicampus Division of Geriatric Medicine, Department of Medicine, UCLA School of Medicine, Los Angeles.

446 Hematologic Disorders in the Elderly JOHN R. WALSH, MD

Dr. Walsh is Head, Division of Gerontology, and Professor, Department of Medicine, Oregon Health Sciences University, Portland; and Chief, Geriatric Medicine Section, Veterans Administration Medical Center, Portland

455 Drug Prescribing for the Elderly JOSEPH G. OUSLANDER, MD

Dr. Ouslander is Adjunct Assistant Professor of Medicine, Department of Medicine, and a Fellow in Geriatric Medicine, UCLA Multicampus Division of Geriatric Medicine, Department of Medicine, UCLA School of Medicine, Los Angeles; he is affiliated with the Geriatric Research, Education, and Clinical Center, Sepulveda Veterans Administration Medical Center, Sepulveda, California.

463 Depression in Older Persons: Diagnosis and Management

ROBERT BARNES, MD; RICHARD C. VEITH, MD, and MURRAY A. RASKIND, MD

Dr. Barnes is Assistant Professor, Department of Psychiatry and Behavioral Sciences, University of Washington School of Medicine, Seattle; he is affiliated with the Geriatric Research, Education, and Clinical Center, Seattle Veterans Administration Medical Center. Dr. Veith is Assistant Professor, Department of Psychiatry and Behavioral Sciences, and Director, Geriatric Fellowship Program, University of Washington School of Medicine, Seattle. Dr. Raskind is Associate Professor, Department of Psychiatry and Behavioral Sciences, University of Washington School of Medicine, Seattle, and Director of the Geriatric Research, Education, and Clinical Center, Seattle Veterans Administration Medical Center, Seattle.

469 Diagnosis and Treatment of Dementia in the Aged

GARY W. SMALL, MD; EDWARD H. LISTON, MD, and LISSY F. JARVIK, MD, PhD

Dr. Small is a Fellow in Geriatric Psychiatry, Department of Psychiatry, UCLA School of Medicine, Los Angele and Attending Physician, Psychogenetics Unit, Veterans Administration Medical Center Brentwood, Los Angele Dr. Liston is Chief, Adult Psychiatry Inpatient Services, UCLA Neuropsychiatric Institute and Adjunct Associate Professor of Psychiatry, UCLA School of Medicine. Dr. Jarvik is Chief, Psychogenetics Unit, Veterans Administration Medical Center Brentwood, Los Angeles, and Professor of Psychiatry, UCLA School of Medicine Los Angeles.

482 Urinary Incontinence in the Elderly Joseph G. OUSLANDER, MD

Dr. Ouslander is Adjunct Assistant Professor of Medicine, Department of Medicine, and a Fellow in Geriatric Medicine, UCLA Multicampus Division of Geriatric Medicine, Department of Medicine, UCLA School of Medicine, Los Angeles; he is affiliated with the Geriatric Research, Education, and Clinical Center, Sepulveda Veterans Administration Medical Center, Sepulveda, California.

(Continued on Page 1

(Continued from Page 6)

492 Geriatric Education in a Teaching Hospital: The Role of Geriatric Services

LAWRENCE Z. FEIGENBAUM, MD; CAROL L. ALLEN, MA, and HAROLD BROWNSTEIN, MD

Dr. Feigenbaum is Director of Professional Services and Medical Education, and Medical Training Director, Geriatric Services, Mount Zion Hospital and Medical Center, San Francisco; and Clinical Professor of Medicine and Associate Dean for Interinstitutional Programs, University of California, San Francisco, School of Medicine. Ms. Allen is Interinstitutional Grants Coordinator, Mount Zion Hospital and Medical Center, San Francisco. Dr. Brownstein is Director of Ambulatory Services and Medical Director, Geriatric Services, Mount Zion Hospital and Medical Center, San Francisco; and Associate Clinical Professor of Medicine, University of California, San Francisco, School of Medicine.

97 Specialized Geriatric Assessment Units and Their Clinical Implications

LAURENCE Z. RUBENSTEIN, MD, MPH

Dr. Rubenstein is Chief, Geriatric Evaluation Unit, and Assistant Clinical Director, Geriatric Research, Education, and Clinical Center, Sepulveda Veterans Administration Medical Center, Sepulveda, California; and Assistant Professor of Medicine, UCLA School of Medicine, Los Angeles.

A Guide Through the Maze of Long-term Care ROBERT L. KANE, MD, and ROSALIE A. KANE, DSW Dr. R. L. Kane is a Senior Researcher, The Rand Corporation, Santa Monica, California, and Professor of Medicine, Multicampus Division of Geriatric Medicine, Department of Medicine, UCLA School of Medicine, Los Angeles. Dr. R. A. Kane is a Social Scientist at The Rand Corporation, Santa Monica, California.

Policy Shifts and Their Impact on Health Care for Elderly Persons

CARROLL L. ESTES, PhD, and PHILIP R. LEE, MD

Dr. Estes is Professor of Sociology, and Director, Aging Health Policy Center, School of Nursing, University of California, San Francisco. Dr. Lee is Professor of Social Medicine, and Director, Institute for Health Policy Studies, School of Medicine, University of California, San Francisco.

EDITORIALS

The Elderly as Interdependent Persons

Why Aging?

DAVID W. MARTIN, Jr, MD

Dr. Martin is Professor of Medicine and Biochemistry, University of California, San Francisco, School of Medicine.

MEDICAL PROGRESS

The Cellular Basis of Aging CHARLES H. SCOGGIN, MD

Dr. Scoggin is Associate Professor of Medicine (Pulmonary Sciences) and Head, Section on Human Genetics, Department of Medicine, University of Colorado School of Medicine; and Institute Fellow, Eleanor Roosevelt Institute for Cancer Research, The Florence R. Sabin Laboratories for Genetic and Developmental Medicine, University of Colorado Health Sciences Center, Denver.

SPECIAL ARTICLE

The International System of Units (SI) and Medicine PAUL S. BERGESON, MD, and E. IDE SMITH, MD Dr. Bergeson is from the Department of Pediatrics, Good Samaritan Hospital, Phoenix, Arizona. Dr. Smith is from the Department of Surgery, University of Oklahoma College of Medicine and the Oklahoma Children's

Memorial Hospital, Oklahoma City.

In Memoriam

Consultants for 1981

The editors acknowledge with appreciation the valued services, beyond those of members of the Editorial Board, given to the journal during the past year.

Information for Authors

Volume Index

Books Received, See Advertising Page 38

Subscription Information, See Advertising Page 28

Cover illustration by **DAVID G. LARSON**

CONTINUING MEDICAL EDUCATION ACTIVITIES IN CALIFORNIA, HAWAII AND NEVADA; ALASKA; IDAHO; MONTANA; NEW MEXICO; OREGON; UTAH; WASHINGTON; WYOMING (See Advertising Page 19)

Official Journal of the California Medical Association, the Idaho Medical Association, the Nevada State Medical Association, the New Mexico Medical Society, the Utah State Medical Association and the Washington State Medical Association